

Access to HE Diploma in Mental Health and Well-Being

Ascentis Access to HE Diploma · QAA Recognised Code: 40014113



LEVEL
Level 3

DURATION
24–48 Weeks

CREDITS
60 Credits

STUDY MODE
Online / Blended

AWARDING BODY
Ascentis (QAA)

COURSE OVERVIEW

This QAA-recognised Access to Higher Education Diploma in Mental Health and Well-Being is a Level 3 qualification for adults who want to progress to university study in mental health nursing, psychology, counselling or social work without A-Levels. Studied entirely online with no exams, it carries 60 credits and covers psychological approaches to mental health, well-being and resilience, safeguarding and risk, and the social context of mental health, with core communication and counselling skills. A subject-specialist tutor supports you throughout and you finish with a nationally recognised qualification accepted by UK universities.

QUALIFICATION UNITS

- Introduction to Mental Health
- Psychological Approaches to Mental Health
- Mental Health across the Lifespan
- Well-being and Resilience
- Substance Misuse and Addiction
- Safeguarding and Risk
- Counselling and Communication Skills
- Social Perspectives on Mental Health
- Academic Writing Skills
- Academic Research Skills
- Preparing for Higher Education (Study Skills)
- ICT Skills for Higher Education

ENTRY REQUIREMENTS

- Must be 19 or over.
- GCSE Grade 4/C or above in English and Maths (or equivalent).
- Level 2 Functional Skills in English and Maths, or accepted international qualifications.
- Applicants without the required GCSEs can study Level 2 credits with UK Versity to meet university entry requirements.

PROGRESSION

- Mental Health Nursing degrees
- Psychology and Counselling degrees
- Social Work and Occupational Therapy degrees
- Careers in mental health, well-being and support services

WHY UK VERSITY

- Flexible & online – 24/7 access
- Comprehensive study material
- Experienced lecturers & weekly Zoom sessions
- UCAS support & full progression guidance
- Annual graduation ceremony & IAG support

ASSESSMENT & CERTIFICATION

Assessed entirely through a portfolio of written assignments and Ascentis-set Core Unit Assessments. There are no exams. Graded units are awarded at Pass, Merit or Distinction, and your full grade profile sits across the 45 graded Level 3 credits. The Diploma is issued by Ascentis, the Awarding Organisation. UK Versity Online Limited (Ascentis Centre 3286) is an accredited and approved delivery centre for Ascentis qualifications, and the qualification is regulated by the Quality Assurance Agency for Higher Education (QAA).

Course Fee: £1,500* (+20% VAT)

Flexible payment plans | 0% interest instalments | PayPal & Klarna

APPLY NOW

www.ukversity.co.uk

Enrol anytime

UK Versity Online Limited

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Tel: 0161 273 4745 | admin@ukversity.co.uk

Accredited by: Ascentis | NCFE CACHE | ATHE | OTHM | Pearson | Qualifi | IFA Direct

Feefo Gold Trusted Service 2024 & 2025

Trustpilot 4.9/5 ★★★★★

98% Completion Rate