



ATHE Level Diploma in Adult Health and Social Care

Qualification Number: 610/6113/X

Overview

The objective of the Level 3 Diploma in Adult Health and Social Care is to equip learners with the foundational knowledge, practical skills, and professional values required to support adults in a variety of health and social care settings. This qualification provides learners with opportunities to engage with current sector challenges, legal and ethical considerations, and the evolving needs of service users across diverse communities. It supports the development of compassionate, person-centred care practices that promote dignity, independence and wellbeing.

Learners will explore key areas including communication and safeguarding, mental health awareness, physical disability support, dementia care, health promotion, and the principles of equality and inclusion. They will also gain insight into legislation, professional roles, and the organisational context of adult care services.

Mandatory units

- Responsibilities of a Health and Social Care Worker
- Person-centered Approaches in Health and Social Care Settings
- Effective Communication and Ethical Practice in Health and Social Care

Optional Units - Select 3 Units

- Health Promotion
- Diabetes Awareness
- Stroke Awareness and Management
- Dementia Awareness
- Mental Health Awareness
- Physical Disability Awareness
- Effective Handling of Information in Health and Social Care Settings



Entry Requirements

- Equivalent to GCE AS/A Levels.
- May also have relevant work experience
- Over the age of 16 years
- UK Versity will determine the language proficiency in English is not your native language





Assessment and Verification

All units within this qualification are internally assessed via assignments and externally verified by awarding organisation. There are no examinations in this course.

Course Material

Course material, including presentations; handouts, assignment briefs and e-books are made available to enrolled learners. In addition to this, the learners also get the course handbook and tutorial via emails to support the learning.

Online learning

The learner sets the pace for learning and the courses are offered across an academic year basis. Although our tutors encourage the learners to make progress monthly, but this approach is flexible.

Progressions

Successful completion of this qualification enables learners to pursue roles such as care assistants, support workers, or health advocates, and provides a pathway to further study, such as Level 4 health and social care qualifications. Learners can progress into Level 4 courses or take admission into or bachelor's degree courses at the University.

Certification

The Diploma is issued by the OTHM - Awarding Organisation. UK Versity (DC1506132) is an accredited and approved delivery Centre for Qualification qualifications.

Key Facts

Awarding Body: OTHM Qualification

Course Duration: 4-6 months

Method of study: Blended Learning / Full or Part Time / Distance Learning

Qualification Level: 3

Disclaimer

We do everything to ensure that information on our website is correct, however details may change, and we cannot accept responsibility for errors or omissions.

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